

Embedded Learning Opportunities Activity Matrix

Child's Name: Sascha (14 months)

Date: May 20, 2013

Related IFSP Outcome(s): Sascha will use more words to communicate his wants and needs during daily routines and activities.

	Activity	Intervention Strategies/Supports	Tips
Mealtime	Give Sascha choices of different foods whenever possible. For example, during snacktime say, "Would you like Cheerios or crackers?" When he points instead of answering you with spoken words, say, "OK. You want Cheerios. Yes?" and prompt him to say, "Yes." When he speaks in words, extend his language. If he says, "More," you can respond by saying, "You want more Cheerios. You're hungry!"	When providing choices, have the actual food items available to show Sascha or use photographs/pictures to help him decide which one he wants.	You've indicated that Sascha is now eating the same table foods as the other members of your family. This is great! Just make sure that pieces are sized appropriately to avoid choking. Also, while he's learning to drink from an open cup, he is likely to spill quite a bit. Try not to worry if he makes a mess! This is actually how he learns.
Bathtime	During bathtime, Sascha may love filling cups with water and then dumping them out. You can show him how to do this first if he hasn't discovered it on his own yet. Talk about the concepts of "full" and "empty" as you play. Ask him, "Do you want to make the cup full or empty?" If he starts to fill it up, you say, "You want it full!" and prompt him to say, "Full."	Help promote Sascha's spoken vocabulary and early writing skills at the same time by encouraging him to use bubbles or soap crayons to "draw" on the bathtub walls. Try introducing the concepts of "down," "up," and "round and round," saying the words and asking him to repeat them and imitate your writing strokes as you model them.	Many toddlers think it's funny to run away from their parents just as they get out of the tub. Be mindful of this because Sascha could easily slip when he runs. Use a sturdy bathmat outside of the tub area so that he has something dry to stand on as he gets out, and try to wrap him up in a towel as quickly as you can to keep him warm. This is a great time to give hugs too as he's standing or sitting next to you snuggled in a towel!
Bedtime	Continue to make reading part of Sascha's bedtime routine. Let him help choose which book he wants to read, but try to limit him to 2-3 choices. He may get overwhelmed with having to choose from a full bookshelf! While reading, ask him to point to various pictures in the book and prompt him to say their names after you. You can also point to pictures yourself and ask him, "What's that?"	When reading, use specific, clear directions such as, "Show me," when prompting Sascha to point to the various items in a book.	Sascha should now be using a cup instead of a bottle for his bedtime drinks. Make sure you brush his teeth after he has had his last sips of milk for the night so that he doesn't go to bed with residue on them. If you have already brushed his teeth, but he really seems to need a drink before falling asleep, offer him a couple of sips of water instead.